

## Various Organizations condole the sudden demise of human rights activist Irom Singhjit



IT News  
Imphal, Mar 18:

Various civil society bodies including AMKIL, Nupi Samaj, Tammi Chingmi, Khwairamband Keithel Sengat Sagutpa Apunba Nupi Lup, Paona Keithel, Women Organization, Nongpok Leingak Apunba Nupi Lup, EEFVAM, Human Rights Alert and Just Peace Foundation have condoned the sudden departure of human rights defender Irom Singhjit.

Late Irom Singhjit was born on 28 April 1959 in Porompat. He is the fourth child among 9 siblings of Late Irom Nanda and Irom Sakhi. He first started his social work activities in rural areas as Agriculture Officer in Citizen Volunteer Training Centre (CVTC) in late 80's. After leaving CVTC he started supporting his youngest sister Irom Sharmila's struggle for the repeal of AFSPA from the day one of her fasting in 2000 throughout her 16 years of fast, till the time she ended her fast in 2016. Sacrificing all his family having 3 little children and wife throughout 16 years in support for Sharmila's struggle and larger cause against human rights violation in Manipur and elsewhere. In 2007 he went to Korea to receive the Gwangju Prize for Human Rights on behalf of his sister Sharmila. Soon after he came back from Korea he and other prominent local activists started an organization Just Peace Foundation (JPF) and was involved in organising Festival of Hope Justice and Peace across Manipur to disseminate message of peace and justice inviting several dignitaries from India and abroad including Indonesia, South Korea, Nepal, etc. He attended at least 3 times in 2015 and 2016 in UN Human Rights Council sessions in Geneva, Switzerland to deliver a message of gross human rights violation and the repeal of AFSPA in Manipur and elsewhere.

As a result of his generous spirit and pleasant personality, he was loved by many. His life was a beautiful as the flowers and loved gardening that he loved so well, and his influence will forever remain in the lives of all who knew him. He quietly departed this life on March 14, 2023 at Shija Hospital besides his family.

## CM appeals against poppy plantation, illegal drug business

IT News  
Imphal, Mar. 18:

Chief Minister N. Biren today made a strong appeal to all those involved in poppy plantation and illegal drug business to shun all such activities considering the destructive effects of these acts on the society on Friday. He further warned of stronger actions against anyone found involved in these illegal actions.

The Chief Minister made the appeal during a press conference at the Chief Minister's Secretariat this late evening.

Further stating that the government take these illegal actions as a great challenge for the government, he further urged anyone against encouraging such illegal activities even on social media.

N. Biren Singh stressed that the government will not make any compromise at any cost in the War On Drugs campaign.

Stating that two individuals were arrested along with 20.27 kg of poppy seeds and four Kenbo bikes (Myanmar made) without registration numbers and two single barrel guns from Old Boljang Village, under Lungtin Sub Division, the Chief Minister questioned the motive and intention of certain individuals continuing with such illegal acts despite the appeals from the government and the support from the general public to the War on Drugs.

The two arrested have been identified as Ngaminsei Singson (20) S/o Mangseih Singson of Theljang Village and Lelen Khongsai (32) s/o (L) Pabul Khongsai of Tuibong Bazar A/P both staying at Old Boljang Village.

Citing the seizure of the Myanmar made bikes, the Chief Minister further raised doubt on whether Myanmar nationals were involved in these illegal activities.

The Chief Minister said on receiving reliable information about poppy plantation around Old Boljang Village, a joint team of Police, NAB, MR/IRB and Forest Department went to the village on March 16 and carried out destruction of poppy cultivation of about 10 acres in the hill ranges adjacent to the village. The team however found no one in the village on the day, he added.

Continuing that a case has been registered at the Saikul Police Station, the Chief Minister further urged the public to continue supporting the War on Drugs campaign.

The War on Drugs campaign is moving in the right direction with the support of the people, CSOs, Village Chiefs, MLAs, Ministers among others, Shri N. Biren Singh said and further appreciated the Manipur Police and Forest department for their active involvement in the campaign.

## Consultation programme for inclusion of disabled women held

IT News  
Imphal, Mar 18:

Disabled people of the state themselves have spoiled their career by themselves by not trying to support other fellow disabled people and by staying away from important events like consultation programme for understanding of their rights guaranteed under the RPWD Act 2016. This was stated by Md. Yunus Khan, President of the Disabled People's

Organization's Manipur (SPDPO) told while speaking in a one day state level consultation programme for inclusion of the women with disabilities in the state of Manipur at Manipur Press Club today.

The Programme organized today by the Disabled People Organisation (DPO) was attended by the Member of the Manipur State Commission for Women, Chongshing Koireng, Dr.



Kiran Yendrembam, Social Activist also advisor of DDAM, Napoleon Shiza, General Secretary, Equitable Catalyst Society (ECS) and Md. Yunus Khan.

Yunus Khan said that most people with disabilities and who are also members of various disabled people bodies always tried to skip any programme taken up for the welfare and empowerment of the disabled people making some excuses either on one ground or the other. However, when it comes to entertainment programme large number of disabled are seen attending it. In order to ensure the rights guaranteed under the RPWD Act 2016 every person with disability need to learn, at least the basic of the Rights of the Person's with Disability Act 2016 (RPWD Act 2016).

Social Activist Dr. Kiran Yendrembam, who is also the advisor of the DDAM spoke on the rights guaranteed under

the Rights of Persons with disabilities act (2016) of the Indian Constitution. He elaborated on the provisions of the RPWD Act 2016 which protect the persons with disability.

Recalling the March 14 incident at Irlbung Police Station at which one 85% physically disabled person was tortured inside the police station by the 2<sup>nd</sup> OC and an SI of the Irlbung police station, Kiran said that the SP of Imphal East had informed the disabled organisation assuring appropriate action against the involved police personnel.

"It was the unity and understanding of the rights guaranteed under the RPWD Act 2016 by the members of the disabled communities that the voice of protest is being heard by the concerned authority", Kiran said adding that the disabled community have every reason to thank the District SP of Imphal East for his timely action.

## "MESOCON 2023 inaugurated at RIMS on the theme "Overcoming Lifestyle Diseases: The need of the Hour"

IT News  
Imphal, Mar 18:

The 13<sup>th</sup> Annual Medical Society Conference (MESOCON), 2023 organized by Medical Society, Regional Institute of Medical Sciences, Imphal was inaugurated today, 18th March, 2023 at the Jubilee Hall, RIMS, Imphal on the theme - "Overcoming Lifestyle Diseases: The need of the Hour".

Prof. H. Priyosakhi Devi, Director, RIMS, Imphal graced the function as the Chief Guest sharing the dais with Prof. N. Sanjib Singh, Medical Superintendent, RIMS Hospital, Imphal as the President and Prof. Brogen Singh Akojiam, Dean (Academic), RIMS, Imphal & Prof. B. Praveen Reddy, Principal, Dental College, RIMS, Imphal as the Guests of Honour alongside Dr. S. Subhaschandra Singh, Chairman, Reception



Committee, Prof. T. Jeetankumar Singh, Organizing Chairman & Dr. Namganglung Golmei, Organising Secretary, MESOCON-2023.

A souvenir for MESOCON-2023 as well as the Journal of Medical Society, JMS, Vol. 36/ Issue 3 was released on the occasion followed by a prize distribution for the P.G. award session-2023.

Dr. L. Subhasini Devi, Dept. of PMR, Dr. K. Selina, Dept. of PMR & Dr. Jairajlakshmi Angom, Dept. of Anesthesiology, RIMS,

Imphal bagged the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> prize respectively.

Speaking as the Chief Guest, Prof. H. Priyosakhi Devi, Director, RIMS, Imphal acknowledged the hardwork of the Medical Society Executive Committee members, stating that MESOCON is a platform for both Medical fraternity right from student upto senior faculty members. She further stressed on the role of exercise, diet and yoga to sustain a healthy lifestyle and urged the Ayush Director to participate in the next CME program to discuss together for the productive

measures for a healthy lifestyle.

The program was participated by HOD's of various departments, students, faculty members and resource persons.

### Rajkumar Basumani selected as new President of JAC of AMTUC & AMGEO

IT News  
Imphal, Mar 18:

Rajkumar Basumani Singh has been selected as president of joint administrative council (JAC) of All Manipur Trade union council (AMTUC) and All Manipur Government Employees organisation (AMGEO) with immediate effect, said a statement of the JAC.

### 2<sup>nd</sup> OC of Irlbung PS suspended

IT News  
Imphal, Mar 18:

2<sup>nd</sup> OC of the Irlbung Police Station Sub Inspector Th. Bungbung has been suspended today by an order of the Superintendent of Police, Imphal East, Ksh Shivakanta Singh (IPS).

The 2<sup>nd</sup> OC with another SI of the same police station had allegedly assaulted a 85% physically disabled person over his denial to withdraw a case that he had filed at the police station. Various bodies of the physically challenged

people including DDAM and the State Platform of Disabled People Organisation (SPDPO) have been demanding appropriate action against the 2<sup>nd</sup> OC Th. Bungbung and another Sub Inspector for torturing a disabled person inside the police station.

During this suspension period head quarter of SI Th. Bungbung will be Reserve Line, Porompat. He has been ordered not to leave his head quarter without obtaining prior permission of the SP Imphal East

## 2nd meeting of Startup-20 engagement group under India's G-20 Presidency begins in Gangtok

Agency  
Gangtok, Mar 18:

The two-day meeting of the Startup20 engagement group under India's G20 Presidency began today at Chintan Bhawan in Gangtok. The Startup20 engagement group aims to bring together global startup systems while ensuring that every nation has the freedom to grow its unique ecosystem.

Addressing the inaugural session of Startup20 Sikkim Sabha, Sikkim Chief Minister PS Tamang said, Startup20 is the perfect opportunity for

bringing together and synergising key stakeholders in a world that needs innovation, digitisation, dynamic energy, and technology breakthroughs. Mr Tamang appreciated the central government's Startup India Initiative to transform India into a country of job creators instead of job seekers. He highlighted various aspects of the scheme including tax exemptions, ease of doing business, and funding assistance. The chief minister also acknowledged the role of the National Credit Guarantee Trust Company,

Startup India Seed Fund Scheme, Small Industries Development Bank of India, and Startup India Hub in taking India to the third position in the Global Startup ecosystem and a jump from the 81st to the 40th position in Global Innovation Index in 2022.

For Sikkim, Mr. Tamang highlighted the significant scope for aggregators in developing end-to-end chains of aggregation, branding, processing and supply of organic farm and livestock products as well as medicinal plants. He also spoke about end-to-end chains in tourism.

He stressed local entrepreneurship, faith in ideas and subsequent conversion into entities, risk-taking ability and becoming strong enough to absorb risks.

The chief minister also acknowledged the need for a policy in Sikkim for startups and the hurdles faced by startups in the state, which currently has only nine registered entities. Mr. Tamang expressed the state government's approach to addressing these challenges by highlighting initiatives like the establishment of an

incubation center under the Atal Innovation Mission at Sikkim Manipal University and schemes such as One Family, One Entrepreneur in Sikkim.

Minister of State for Commerce and Industry Som Prakash, who was also present, reiterated the central government's commitment to strengthen the North East, including the region's startup ecosystem. Startup20 chair Dr. Chintan Vashnav was also present on the occasion. Addressing the inaugural session of Startup20 Sikkim Sabha, officials from Niti Aayog,

the External Affairs Ministry, and the Department for Promotion of Industry and Internal Trade showcased the Indian startup ecosystem's phenomenal growth story and its role during the COVID-19 pandemic. The bigger goal of converging big businesses under B20, which is the oldest engagement group under G20, with smaller entrepreneurs of Startup20, which is G20's youngest engagement group was highlighted. The two-day event also offers startups' showcases, informal meetings between entities, and Startup20x as engagement platforms.

# Indian economy is showing rising national income with decline in social welfare of people Poor are losing far more than the paltry benefits received from Modi govt

By Arun Kumar

India's per capita income, representing the average income of an Indian citizen, has risen from INR 79,000 in 2013-14 to INR 1,71,000 in 2022-23 — an increase of 116 percent. Therefore, some claim that incomes have more than doubled in India since the present ruling dispensation took office. The catch is that: a) this includes the price increase during the period and hence does not represent the real increase in incomes, and b) the data for 2022-23 and two earlier years is provisional and subject to revision.

The real increase in per capita income, subject to the above caveat, is from INR 68,600 to INR 96,500 during the period, which is an increase of 40.8 percent. This is not bad. However, since these days everything is compared to the earlier United Progressive Alliance (UPA) period from 2004-05 to 2013-14, the numbers are not flattering. Including inflation, the increase during the UPA years was 204.5 percent, while the real increase was 50.3 percent. These are official figures from the Economic Survey, based on the data released by the National Statistical Office — the official agency that estimates and publishes data on national income and related macroeconomic variables.

Further, the average hides the extreme variations in incomes in India — across classes and regions. There is also a differential in the wages earned by men and women for the same work, as also between the young and the old. While an unorganised sector worker may earn INR one lakh, the owner of a company may earn more than INR hundred crore. The average income in Bihar in 2019-20, before the pandemic, was about INR 44,000 while in Haryana, it was close to INR 2,27,000 — a ratio of 5:15. This is not counting the smaller states like Goa, where the income was almost INR 4,68,000.

If incomes represent the welfare of an individual, then the average does not reflect the welfare of the people at the bottom of the pyramid of incomes, especially given that a large number of people are at the base of the pyramid. The unorganised sector employs, by all estimates, over 90 percent of all workers at low wages. The eShram portal data shows that 94 percent of the unorganised sector workers earn less than INR 10,000 per month.

Further, the official data excludes the black incomes which are concentrated in the hands of the few at the top of the income ladder. The poor, by definition, are below the taxable limit, so they do not generate variables.

black incomes. Thus, the ratio of incomes between the top earners and the average worker in the unorganised sector will be a multiple of 10,000.

For the moment, leave out the black incomes from the analysis and focus on the government-declared white incomes.

Family income is more important than individual incomes. Among the

indicated by individual incomes, given by per capita income.

Income is an indication of the welfare of the individual and the family. Its corollary is that higher the income, higher the welfare. But that is if all else remains the same. A poor person living in a slum will have far more sickness in the family given the uncivilised conditions they are forced to live in. This is aggravated

bribe the official apparatus to continue business. Both these reduce their incomes and that is not captured by the official per capita income data. Among the poor, there is rising consumption of alcoholic drinks and narcotic drugs. These result in a reduction in the family's expenditure on welfare enhancing activities like food and education.

There are many employment activities that result in 'social waste' which do not increase individuals' welfare. They are like digging holes and filling them. They give employment and income but do not enhance the capacity of society to produce more in the future which could enhance welfare. Such activities are akin to higher depreciation in production which lowers the net production. Similarly, social waste lowers welfare. Public goods enhance welfare but they are totally inadequate in India compared to the needs of the poor. So, they have a marginal impact compared to the losses due to social waste and pollution, among other things.

The above discussion is based on the assumption that the per capita income data is correct. It is derived by dividing the economy's net income by the population. Since the net income of the economy is only a rough estimate, the actual income is most likely less and therefore, the per capita income is also less. Correspondingly, people's welfare is also less.

The over estimation of income is a result of data for the unorganised sector not being estimated independently. Largely, it is assumed that this sector is growing at the same rate as the organised sector. That may have been true

prior to demonetisation in 2016, but not after that.

The unorganised sector has suffered a series of setbacks — the structurally-faulty Goods and Services Tax, the non-banking financial companies' crisis, forced digitisation and attempts to formalise, and finally, the sudden national lockdown of 2020 have decimated this sector. Reports suggest that the organised sector has grown at the expense of the unorganised sector in the last seven years. Demand has shifted from the latter to the former as in the case of retail trade, fast-moving consumer goods, leather goods, textiles, luggage industry, pressure cookers and so on.

In other words, a declining sector which is about 31 percent of the economy is proxied by a rising sector. The official income data largely represents the organised sector and agriculture. So, the size of the economy is far less than what is officially given and correspondingly, the per capita income is also less.

Further, because the incomes of the poor are much less, inequality is much more than the official data implies.

To sum up, not only has the economy not doubled, it has either stagnated or declined since 2016 due to the decline in the unorganised sector, which is not captured officially. Further, due to huge disparities, per capita income does not capture the welfare of the poor. Not only that, the rising extent of social waste further reduces welfare. Thus, the poor are losing far more than the paltry support they get from the government.

(IPA Service)

*"..... There are many employment activities that result in 'social waste' which do not increase individuals' welfare. They are like digging holes and filling them. They give employment and income but do not enhance the capacity of society to produce more in the future which could enhance welfare....."*

well off, income is split up among family members to save on taxes. Further, they have a lot of wealth, which yields a return and that supplements their income from work.

For those in the unorganised sector, there is massive unemployment and underemployment, incomes are low and there is hardly any wealth.

Further, each earning member has to support two-three other members of the family. The result is that even if individual income is above the poverty line, per person the income is low, and the family as a whole falls below the poverty line. Thus, the disparity, measured in terms of family income, is higher than that

by lack of proper nutrition and eating unhealthy food. Further, the food they buy may be of poor quality and often adulterated. The water they drink may not be potable and the air toxic. All this makes them more prone to illness, in spite of the fact that they may have a more hardy constitution.

Thus, persistent family illness draws down the income which could help improve their welfare. Any major illness in the family pushes them into poverty since they have to borrow for treatment, and on that they pay a hefty monthly interest. Further, those in production often borrow from the informal money markets where the interest rate is often usurious. Often, they have to

## Need to make children aware



By-Vijay GarG

Today, in this so-called technologically advanced, fast-moving world, where everyone is too engrossed in work and needs to be relieved from peer pressures, the best shortcut is media consumption on screens which is gradually turning out to be an addiction.

Be it a five-year-old or a ninety-year-old, everyone needs a smartphone without realising its repercussions. Social media influencers refer to users on social media who has established credibility in a specific industry through their skills such as vloggers, bloggers, YouTubers,

Podcasters or unboxers, thereby having access to the large audience especially children for they tend to spend maximum time watching social media. The impact of such influencers on the lives of the young audience can be either positive or negative and is a matter of great concern. There is no doubt that the influencers have the best communication skills and engagement with their audience.

Children often tend to get influenced by these influencers as they offer various online content containing humour, excitement, games and motivation so frequently that they can relate to it without realising that their precious time is being wasted by watching content that is not so relevant. Some influencers give the children the resources and inspiration to learn about their interests and explore them.

A survey has found that overall screen usage among teens increased by 17% from 2019 to 2021. Not only this, in terms of daily screen usage, it was found that for the children in the age group of 8-12 years, the average usage increased to almost five hours from four hours, and for teens in the age group 13-18 years, the average increased to almost eight hours from seven hours.

The question remains are the parents, teachers, peers and all those responsible towards the well-being and development of the so-called Generation Alpha (Gen alpha) determined to groom them for the future? What matters is how children critically think and respond to the contents viewed by them and that is where the role of the parents, teachers and peers come into play. It is important to make children aware of the positive and negative impact of social media influencers on their daily lives.

Having regular and healthy conversations to find out what the child likes to watch on social media can be a good approach. In case the child wants to engage in social media parents need to be supportive at every level which will gradually avoid isolating the child and open the lines of communication about social media presence. At times these influencers end up promoting unrealistic standards.

They present a clean and humorous version of their lives which results in a sense of comparison thereby leading to a negative impact on the lives of the children, resulting in anxiety, low self-esteem, depression and in the worst case scenario may even lead to suicidal attempts.

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## Attaining Candidate Diversity Through Campus Drive Practices

By -Kautov Kashyap  
HR & Career Consultant

While money and salary continue to play an important role in attracting graduates and junior talent, the class of today is looking for a lot more than just financial gain. Generation Z are those born between 1995 and 2010. The first generation of entirely digital natives, they are also considered to be the most diverse generation in history and this is reflected in their priorities when choosing an employer. If they are not yet already in the workforce, they soon will be, and they are already making an impact on campus recruitment strategies.

Unlike the Millennials, who were sometimes called "Generation Me", Gen-Z is in a constant search for opportunities to create a positive impact in their work and in a way that goes beyond self-fulfilment. They not only form opinions of a company based on financial performance or product/service quality, but they also look at the company's ethics and practices both in the workplace and society. They are looking to evaluate just how socially responsible an employer is, and when Zoomers choose their graduate job, it's the employers that prioritise diversity that are most attractive.

What does diversity mean to Gen-Z?

To Gen Z, diversity isn't simply a nice to have, but a strongly held belief. Their definition of diversity isn't isolated to race, age, or gender, but also spans across many dimensions, including identity, orientation, belief, and so on.

Companies must therefore demonstrate their commitment to diversity and inclusion, not simply by

photographing a gender balanced team or a disabled employee doing their job, but to uphold diversity throughout the whole employee cycle, from recruitment marketing, onboarding, training & development, and to employee engagement. A different mindset is required for companies to attract and retain the best of this generation.

Hire for the mindset and develop the skills

Gone is the day when a graduate employer looked for an accounting graduate to fill a graduate accountant position and a marketing graduate for a graduate marketing programme. Students and recent graduates are becoming more versatile in their skillset. They want to develop a variety of skills throughout their career rather than committing to a single career path. Even before they started their careers, many of them might have self-learned coding when they were completing a business degree or started their e-commerce side hustle as a self-employed entrepreneur. Being digital natives means that many of their skillsets are not limited to the formal qualifications they acquire at university, but the life experience and exposure they create for themselves.

Companies need to fundamentally change how they develop their selection criteria or job descriptions of their graduate programmes, or else they will risk missing out on recruiting a young workforce that holds a diverse skillset.

Be accessible in all forms

Given how today's generation has superior technology skills, some employers have assumed that all they need to engage students and graduates is through virtual means — having a mobile responsive website, integrating the Easy Apply

function with their Applicant Tracking Systems (ATS), or hosting a series of virtual careers & networking sessions are simply the basics. The evolution should not stop there.

Although virtual interactions are well-received by students and recent graduates, employers should not underestimate the need to maintain some level of face-to-face engagement with candidates. Gen-Z values physical connections just as much as other generations do, even though they can be easily available online. Independence and flexibility are what this generation values, not physical isolation. Therefore 1:1 coffee chats and in-person resume drop-in sessions continue to attract interest from students on campuses. After all it's about creating different touchpoints, both online and virtually, to engage students throughout the academic year and maintain a strong employer brand.

Particularly bearing in mind that this is the generation that never leaves home without their phones, recruiters should aim to be responsive and personable at every level of communication.

Go beyond the usual recruitment channels

Many companies which have been using the same job board for the past 5 years might have received hundreds or thousands of applications every season. However, many are still failing to attract the diverse pool of candidates they need to fill their customer demands and longer-term business growth.

Relying on the same channels year after year may save companies a lot of investment and time, but to recruit for diversity, employers must consider channels outside of the norm. While more graduate employers have already moved away from

advertising on job boards to channels like LinkedIn, far fewer make use of other social platforms which can lead them to a more diverse candidate base. Have they considered Instagram? What about TikTok, YouTube, or micro-influencers? It's time to start re-think their traditional recruitment channels to reach a more diverse workforce.

Demonstrate diversity in all candidate interactions

Graduate employers need to do more than talk about their commitment to diversity, this should be evidenced throughout the talent attraction journey. Gather members of the organisation who can bring to life what diversity means to them and to you as a company. They can tell their stories on social media or through their employee profile video, sharing their career path so far and perhaps how they have overcome any obstacles along the way. Basically, never miss an opportunity to show how important diversity is to you and your people. Candidates do a lot of research before applying so it is critical that you use every potential touchpoint as a chance to reinforce your diversity messages.

Transform the recruitment process by making sure not just the hiring manager or HR team are speaking to candidates. Why not form a hiring committee for the graduate and internship programmes? You can invite employees from often overlooked or underrepresented groups to take part in the interview and selection process, including employees with different gender identity, seniority, age, language, and job function, just to name a few. These different voices will ensure the company is moving one step closer to the workforce composition they want to create for the future.



# Designer Aniksha Jaisinghani Has Been Remanded to Police Custody Till March 21

By Raju Vernekar  
Mumbai, March 18

Fashion designer Aniksha Jaisinghani (26) arrested on charges of blackmailing Amruta Fadnavis, wife of Maharashtra Deputy CM Devendra Fadnavis, was remanded to police custody till March 21, by the Additional Sessions Judge DD

Almale, on Friday. Aniksha was arrested on Thursday from Ulhasnagar in Maharashtra's Thane district on charges of offering Amruta Fadnavis, an Rs one crore bribe to help her father- Anil Jaisinghani, a bookie and absconding accused in several criminal cases.

On Friday, Chief Public Prosecutor Jaising Desai contended that Aniksha wanted to use the public servant (DCM), who is the husband of the complainant. When the investigation was going on, the prosecution came across certain video clips and photographs that showed how a conspiracy was hatched against the public servant.

Desai pointed out that the videos were allegedly created to blackmail and demand an



additional Rs.10 crore. Anil Jaisinghani, wanted in 17 cases was absconding and Aniksha was in touch with him.

Aniksha has been booked for offences under Section 120B (criminal conspiracy) and Section 385 (extortion) of the Indian Penal Code and Sections 8 (induce public servant using corrupt means) and 12 (abettment) of the Prevention of Corruption Act.

In the FIR dated February 20, lodged at Malabar Hill police station in South Mumbai, Amruta stated that Aniksha had been in touch with her for over 16 months since 2021. She allegedly asked her to wear products designed by her at public events, which she agreed to do.

Aniksha who had visited the official residence of the DCM

in South Mumbai allegedly offered to provide Amruta with information on certain bookies through which both of them could earn money by conducting raids. Thereafter, she directly offered Rs one crore to Amruta to get her father off the hook in another police case. After she blocked her number Aniksha sent video clips, voice notes, and messages from unknown phone numbers. She was indirectly threatening and conspiring against her, Amruta told police.

Aniksha's lawyer informed the court that out of 17 cases against Anil Raisinghani, 13 cases were settled. No notice under Section 41A of the Code of Criminal Procedure was given to Aniksha and the FIR was of prior date. She is in custody only because there

are cases against her father, he argued. He also told the court that Aniksha is a law student and her exams are currently on.

**Key Facts:** Anil Jaisinghani had been running a betting syndicate in Dubai, Karachi, and Delhi during IPL and other matches. He had allegedly pocketed some police officers. In one case, a DCP in Mumbai facing corruption charges quit the job. The cases have been registered against Jaisinghani in Maharashtra, Goa, and Assam and he is absconding for the past seven to eight years. Aniksha met Amruta around November 2021. During the period of acquittance, she gave her clothes, footwear, and jewellery for promotional purposes.

Aniksha sent videos and voice messages to Amruta. In one of the clips, Aniksha was seen filling a bag with cash, which was later seen at the residence of Devendra Fadnavis. Amruta had also released a book "Reminiscences of Her" authored by Aniksha in 2022. Subsequently upset by her behaviour, Amruta blocked her number.

# Indian army apprehended one ULFA (I) cadre with weapon



**PRO (Defence)**  
**Kohima, Mar 18:**

Red Shield Division of Indian Army, under the aegis of Spear Corps apprehended one cadre of ULFA (I) outfit along with Lekhapani Police

from Bisa Gaon under PS Lekhapani. The operation was launched on a specific input regarding movement of a suspected cadre with weapon in general area Lekhapani. The apprehended individual has been identified as Subash

Chetry, age 30 years. He is a resident of Dibong Bari. One 7.62 mm pistol with four live rounds were recovered from him.

Later, during the joint interrogation the individual confessed that he was having links with ULFA (I) outfit.

# District level ASHA convention program for Kamjong held



**IT News**  
**Kamjong, March 18:**

A District-level ASHA Convention Program of Kamjong district was held today. Organised by the District Health Society, Kamjong, the event was held at the Amity Hall of Adimjati Complex, Chingmeiong, Imphal.

Deputy Commissioner of Kamjong, Shri Rangnamei Rang Pater attended the program as the chief guest, while CMO Kamjong Dr Lucy Duidang was the functional president.

A total of 110 participants including 80 ASHAs from remote corners of the district, ASHA facilitators, MOs in-charge of Kamjong, Phungyar and Kasom Khullen, DIO, all block program managing units

(BPMUs) and district program managing units (DPMUs) of the district attended the program.

Giving his chief guest speech, Shri Rangnamei stressed on the important roles played by the ASHAs as frontline workers and said that they act as an important linkage between villagers and the health department. He further added that ASHAs will get more responsibilities along with appropriate logistics and resources in the coming days.

CMO Dr Lucy Duidang highlighted the various responsibilities, activities and achievements of ASHAs related to due-listing the eligible couples, registration of pregnant women, children for routine immunization, ISCF,

Deworming, Village Health Sanitation and Nutrition programs. She also spoke about National Tuberculosis Elimination Program (NTEP) and Social Awareness and Actions to Neutralized Pneumonia Successfully (SAANS) Campaign and roles of ASHAs for Vaccine Preventable Diseases (VDP) surveillance.

As a part of the program, 3 ASHAs were given Best ASHA Awards (one from each block) and 16 ASHAs were given consolation prizes. Also, all the participating ASHA facilitators received appreciation tokens.

The ASHAs presented special entertainment items such as fashion show, musical skits and group songs during the program.

# Ways to enhance beauty without makeup



Shahnaz Husain

Are you tired of applying a number of makeup products every morning to look pretty?

Do we really have to succumb and play slaves to the hottest trend in makeup and the cosmetic world? Or is there a way to make us feel better without having to apply layer upon layer of creams?

There are also instances wherein you have to go bare-faced. Who swims with full-on makeup, complete with winged-tip liners and contours?

Let's face it, you can't wear makeup all the time.

So instead of devising ways to sneak a hint of makeup on your skin, why not improve the quality of your skin and figure out other ways to make you look prettier sans the makeup?

When you go without make-up for a while, you give your skin a chance to breathe.

If you want to look good without spending hours in front of the mirror every day, Then it's time to give your skin a break.

So, here we bring you natural ways to enhance your looks without any makeup

**You need to be mindful of essential aspects of your diet, your habits, your lifestyle, and your skincare routine.**

**Wash your face twice daily.** Skincare is a key factor in looking good without makeup. Wash your skin twice a day preferably in the

morning and at night bedtime with a herbal facial that's suited to your skin type to get rid of the dust and pollutants.

Overwashing can make your skin dry and irritable, causing it to look worse rather than better. Develop a skin regimen for your face and stick to it. The CDM routine that is cleansing, toning, and moisturizing is imperative for healthy skin

A good facial massage every other day can reduce the appearance of fine lines, tighten your skin, and make it appear more radiant. Besides, it also makes you feel relieved from stress and rejuvenated.

Face packs play a vital role in skin care because they are rich in nutrients, moisturizers, vitamins, and minerals that are beneficial for the skin.

The regular use of packs Lets your skin soak up the goodness that is found in the ingredients and help you achieve a glowing and youthful look and delay aging signs.

Based on your skin type, prepare a mask that fits your needs, put it on and relax! You can use ingredients like honey, aloe vera, gram flour, yogurt, oatmeal, and fruits, as these are some very popular options for homemade masks.

Depending on the kind of mask you use, some masks are designed to pull out impurities, hydrate your skin, or infuse your skin with mega doses of feel-good nutrients.

**Eat well** — A healthy diet is exceptionally vital. Looking and feeling healthy has a lot to do with what you put into your body. Skin. A sufficient intake of protein and vitamins is absolutely essential for the maintenance and repair of your skin. Include fresh fruits and vegetables in your diet and drink plenty of water throughout the day to keep your skin nourished and hydrated. When thirsty, opt for a cool and refreshing glass

of water with fruits or try to consume more fruits and vegetables full of water content, such as watermelon and cucumber.

We lose water through breathing, sweating, urination, and digestion so it is important to rehydrate and replenish the water that we have used.

Our body uses water to help regulate our body's temperature and carry out other bodily functions

Most people prefer to drink carbonated drinks or sugar-packed artificial juices. Although it still contains water, it also contains other ingredients that may not be healthy for us.

Take a vitamin supplement if you feel you are not getting all of your daily requirements from your diet alone. Vitamins A, C, and E are all particularly beneficial for the skin. Try to cut out as many greasy, fatty, sugary foods as possible and load up on fruits, vegetables, whole grains, and lean meats instead.

The Do's and Don'ts of skin care should be kept in mind.

Nighttime cleansing is a must, in order to remove dirt, pollutants, stale sweat, oil, dead skin cells and make-up that are deposited on the skin during the day.

Do protect your skin with broad-spectrum sunscreen. Apply sunscreen 20 minutes before sun-exposure. If you are in the sun for more than an hour, re-apply the sunscreen. A sunscreen with SPF 20 is adequate for most skins. For sensitive skin that burns easily, use sunscreen with higher SPF.

The use of scrubs is an integral part of skin care. It helps to remove dead skin cells, unclog pores and brightens the skin.

Moisture helps to keep the skin soft, smooth, supple and youthful. Moisturizers are available in both liquid and cream forms. For dry skin, use

a creamy moisturizer. It should also be applied under make-up.

Nourishing is important for normal to dry skin. It helps to keep the skin lubricated and soft, so that it can hold moisture. After cleansing the skin at night, apply nourishing cream and massage it on the skin for 2 to 3 minutes. Wipe off with moist cotton wool.

**Don'ts**  
Don't wash the face with soap and water more than 2 or 3 times a day. Alkaline soaps can disrupt the normal pH balance and leave the skin prone to acne.

Avoid heavy moisturizers on oily skin as the pores can get clogged, leading to blackheads and acne. For oily skin, mix 100 ml rose water with one teaspoon pure glycerin. Keep in an airtight bottle in the fridge. Apply this lotion to moisturize a normal to oily and combination skin.

Don't apply facial scrub on skin with pimples, acne or rash. Don't pick or pinch blackheads and pimples.

Don't stretch or pull the skin around eyes while removing make-up. Scrubs and masks should not be applied around eyes. Avoid leaving under-eye creams overnight. Remove them gently with moist cotton wool after 15 minutes. Leaving it on all night can lead to puffiness.

The concept of beauty has undergone a real change over the last few decades. The emphasis has shifted from superficial treatments to a more positive approach that aims at protecting and preserving the natural beauty of the skin. Skincare with natural ingredients, based on the tried and tested Ayurvedic system, has shown a complete lack of harmful side effects and irritative reactions. Indeed, Nature is not only an expert chemist but the best cosmetologist.

## Notification

I, the undersigned, Yumnam Kheroda Devi, daughter of Y. Surjit Singh of Chingamkha Irom Leirak, Imphal West, do hereby declare that I have resigned from the partnership of M/S Dev Enterprises, registered under registration No. 48 of 2010-11 dt. 03.03.2011 due to some personal problems.

I, do, hereby declare that I have no further relations with the said entity in any way.

**Sd/-**  
**Yumnam Kheroda Devi**  
**Chingamkha Irom**  
**Leirak, Imphal West**

## Notification

I, the undersigned, Elangbam Sanathoi Devi, daughter of Late Elangbam Paona of Bamon Kampu, Imphal East, do hereby declare that I have resigned from the partnership of M/S Dev Enterprises, registered under registration No. 48 of 2010-11 dt. 03.03.2011 due to some personal problems.

I, do, hereby declare that I have no further relations with the said entity in any way.

**Sd/-**  
**Elangbam Sanathoi Devi**  
**Bamon Kampu, Imphal East**

## Notification

I, the undersigned, Gurumayum Shivadutta Sharma, son of Late G. Daoji Sharma of Soibam Leikai, Imphal East, do hereby declare that I have resigned from the partnership of M/S Dev Enterprises, registered under registration No. 48 of 2010-11 dt. 03.03.2011 due to some personal problems.

I, do, hereby declare that I have no further relations with the said entity in any way.

**Sd/-**  
**Gurumayum Shivadutta Sharma**  
**Soibam Leikai, Imphal East**



# First cross-border energy pipeline between India and Bangladesh to be inaugurated

Agency  
New Delhi, Mar 18:

Prime Minister Narendra Modi, and his Bangladesh counterpart Sheikh Hasina, will inaugurate the India-Bangladesh Friendship Pipeline today via video conference.

This is the first cross-border energy pipeline between India and Bangladesh, built at an

estimated cost of 377 crore rupees. Out of this, the Bangladesh portion of the pipeline, built at a cost of approximately 285 crore rupees, has been borne by the Government of India under grant assistance.

The Pipeline has the capacity to transport 1 Million Metric Ton Per Annum (MMTPA) of High-Speed Diesel (HSD). It will supply

HSD initially to seven districts in northern Bangladesh.

The operation of the India-Bangladesh Friendship Pipeline will put in place a sustainable, reliable, cost-effective and environment-friendly mode of transporting HSD from India to Bangladesh and will further enhance cooperation in energy security between the two countries, said the Press release.

## Sports

# 2nd Horse Show of the best Manipuri Pony Stallion, Mapa Sha, 2023 held



IT News  
Imphal, Mar 18:

The 2nd Horse Show of the best Manipuri Pony Stallion, Mapa Sha, 2023 under the aegis of the Veterinary and Animal Husbandry Services, Manipur organized by the Manipuri Pony Society (MPS) was held at Mapal Kangjeibung today.

Altogether 17 stallions of age four years and above participated in the competition.

The best stallion prize was won by Corner (Mange/Bay) of Kh Yaikhomba of Nagamapal Polo Club. The 2nd best stallion prize was won by Kori (Bay) T

Thomash of Imphal Riding Club and the third best award was cornered by a Karu (Black) of N Ranjan of Imphal Riding Club.

The Horse and Cash prizes were sponsored by Mangal Foundation. Miss Thokchom Praveena of Foundation said that the Horse Show initiated by the Manipuri Pony Society as a clarion call to save the stallions is a step to save Manipuri ponies and we are happy to be a part of this important event by supporting the competition.

The stallions were assessed by team judges comprising Dr A Debendra Singh, Dr Ch Jekendra Singh, Dr S Upendra Singh and Dr

Th Debendrakumar Singh.

The idea behind organizing the Horse Show according to President Manipuri Pony Society Prof Ch Priyaranjan Singh is to prevent early castration of the stallions and also to encourage rearing of the breed to ensure good quality of our ponies.

Dr. Ng Ibotombi Singh Director Veterinary and Animal Husbandry Services Government of Manipur while encouraging the pony owners, polo clubs, Manipuri Pony Society and Mangal Foundation expressed that every possible assistance from the department will be extended in the future.

# Schneider Electric India Foundation in association with Sunbird Trust distributes Solar lamps to remote villages



IT News  
Imphal, Mar 18:

In an effort to provide electricity connection through Green Energy Solution to remote villages of North East India where there are irregularities in electric supply, the Schneider Electric India Foundation, through its CSR programme in association with Sunbird Trust, a North East India based NGO working with the objective of "Peace through Education", had distributed Solar lamps to over a thousand households across various remote hilly villages of Manipur and Arunachal Pradesh.

In the first phase of the solar lamp distribution during December 2022, Sunbird Trust distributed 250 Portable Solar lamps benefiting over 1,200 persons from under resourced households in the villages of Kamjong, Tamenglong and Senapati districts of Manipur. The communities covered under this phase included those in the villages of Chadongin Kamjong District, Abenin Tamenglong District,

and Oniam Laila in Senapati District. Widows at Tumuyon Khullen and needy staff of various schools were amongst those who were benefited.

The second phase of distribution, scheduled from 18th March till the end of the month will see 950 solar lamps distributed an additional 12 villages. Over 5,000 individuals can expect a better quality of life through receiving these solar lamps. These will include residents of Muireiin Ukhul District, Sinam Kominkangpokpi District, Waphongin Senapati District, Pungmon, Jjeirong, Bakwa, Puichi, Haachong, Kabukhullen (Part 1, Part 2 and Part 3) and Khundongin Noney District in Manipur.

Besides villages in Manipur, Schneider Electric India Foundation is reaching out to communities bereft of any electricity supply in extremely remote villages near the Sino-India border in Shi Yomi District of Arunachal Pradesh. Here, at Papikrum village, Sunbird Trust at the request of the Government of Arunachal Pradesh is helping

run a Government Residential School Village. Now, 100 households in tiny Chengo, Soyogang, and Yorkodum Villages around Papikrum village will also benefit from the portable solar lamp distribution.

These portable solar lamps distributed under the project are known for their durability, high luminosity and supplying up to 36 hours of light with a single charging. The lamps are charged with the help of a small solar plate that comes with the kit. An additional feature of this kit is that it can charge mobile telephones.

Some beneficiaries who have received the lamps describe them as "game changers" that

are not only literally lighting up their lives and helping children study better but also, in the after dark hours, facilitating women weaving and knitting for their livelihoods.

Col Christopher Rego (Retd.), founder and CEO of Sunbird Trust mentioned that many parts of North East India were literally "out of sight and out of mind" and expressed his gratitude to Schneider Electric India Foundation for their outreach to this part of the country. If at all the lamps could be transported to so many far flung locations, he credited and complimented the Army and Assam Rifles for their immense logistical support.

## NAME CHANGE

I, the undersigned, do hereby declare that I have renounced, relinquished and abandoned the use of my old name LAISHRAM NGANBI SINGH as I have assumed my new name THOUNAOJAM NGANBI DEVI.

In future I shall be known as THOUNAOJAM NGANBI DEVI in all my documents and others.

Sd/

Thounaojam Naganbi Devi,  
Ningthemcha Karong, Imphal West,  
Manipur

# Jaismine Lamboria and Shashi Chopra enter next round of Women's World Boxing Championships

Agency  
New Delhi, Mar 18:

Indian pugilists Jaismine Lamboria and Shashi Chopra recorded impressive wins to progress to the next round of the IBA Women's World Boxing Championships at the Indra Gandhi Sports Complex in New Delhi yesterday. Commonwealth Games bronze medalist Haryana's Jaismine kicked off her campaign by defeating Nyambega Beatrice Ambros of Tanzania in the 60kg category.

Shashi Chopra also put up a dominating performance and outpunched Mwangi



Teresiah of Kenya in 63kg category. Jaismine will face Samadova Mijgona of Tajikistan in the next round.

Sakshi will take on the 2022 Asian Championships silver medalist Kito Mai of Japan in the Round of 16.

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